

Event Risk Assessment: <Trackstar>

Date: 26/04/18	Assessed by: Zoe Gardham	Location: Sussex Downs Sports Park, Cross Level's Way, BN21 2UF.	Reviewed: 13/05/21	

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else will be done on the race day to mitigate do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Coming into contact with: Walkers Dogs Other athletes Or anyone who stray's onto the track during the race, i.e. Children	Athletes Others including the general public	<ul style="list-style-type: none"> Pre-race email safety briefing The race director and Marshalls will be on hand and visible to help and direct where and when needed. 	L	<ul style="list-style-type: none"> Advisory Signage Pre- Race Briefing Marshall Briefing 	L	Race organis er Race Director Event Crew Marsha lls Race Entrant s Support Crew	Pre – Event and on the day	
Coming into contact with vehicles connected with race organisation or set up, to include an ambulance	Athletes Other Vehicle Users Pedestrians	<ul style="list-style-type: none"> Pre-race email safety briefing The race director and Marshalls will be on hand and visible to direct traffic and warn athletes to give way as and when appropriate. 	L	<ul style="list-style-type: none"> Advisory Signage Pre- Race Briefing Marshall Briefing 	L	Race organis er Race Director Event Crew Marsha lls	Pre – Event and on the day	

Gaining Emergency Vehicle access	Athletes Marshalls Event Crew Supporters	<ul style="list-style-type: none"> • Liaising with land owners to gain emergency access • The gate to the track will be open and accessible on the day. 	M	<ul style="list-style-type: none"> • Keys will be obtained from land owners to allow emergency vehicles access. These will be kept at race HQ or with the appropriate Marshall. • Event crew and Marshalls will know the address to provide to emergency services • All event crew will carry a mobile phone. • Marshall briefing 	L	Race Entrants Support Crew Race organiser Race Director Event Crew Marshalls Support Crew	Pre – Event and on the day	
Falls Trips Slips Collision with other athlete or signage, posts etc...	Athletes Marshalls Event Crew Supporters	<ul style="list-style-type: none"> • Checking the course for areas that may cause increased risk. 	H	<ul style="list-style-type: none"> • Pre-race email to athletes • Marking, covering or using signage to raise awareness of areas of risk • Pre-race briefing • Marshall/ event crew briefing to ensure all event staff know how to quickly gain medical assistance 	L	Race organiser Race Director Event Crew Marshalls Race Entrants Support Crew	Pre – Event and on the day	
iPod, MP3 Players or similar	Athletes or others if an athlete collides with someone or something as they cannot hear their surroundings	<ul style="list-style-type: none"> • Course checked to consider usage of such devices 	M	<ul style="list-style-type: none"> • Pre-race email to all athletes with cautionary advice • Pre-race briefing 	L	Race Organiser Race Entrants	Pre – event and on the day	
Weather	Athletes	<ul style="list-style-type: none"> • Long range weather check prior to the race 	M	<ul style="list-style-type: none"> • Pre-race email to all athletes with cautionary advice 	L	Race Organiser	Pre - event	

Medical Emergency	Athletes Marshalls Event Crew	<ul style="list-style-type: none"> Appropriate first aid cover arranged by race organiser (Phoenix Medical) See separate medical risk assessment 	M	<ul style="list-style-type: none"> Pre-race email to all athletes with race director/appropriate event crew telephone numbers Pre-race briefing on day to advice athletes to carry a phone and appropriate telephone numbers Dedicated first aiders (Phoenix Medical). First aid box Telephone and ability to call 999 in event of an emergency See separate medical risk assessment De- Fib on site. 	L	Race Entrants Race organiser Race Director Event Crew Marshalls Race Entrants	Pre – Event and on the day	
<p><u>Specific risks identified Risk at Trackstar Marathon</u></p> <p>Trips or falls on Timing mats</p> <p>Trip or fall on the metal track edge that separates the inside of the track and the grass.</p>	Athletes Marshalls Event Crew Supporters Cut, Bruise or other injury	<p>Checking the course for areas that may cause increased risk.</p> <p>The race director, chip timing company and Marshalls will be on hand and visible to check for any raised timing mats or out of place mats and correct any issues as they arise.</p> <p>Identify any areas of increased risk.</p>	L	<ul style="list-style-type: none"> Warning signage in place Course Marshall Pre-race email to make athletes aware of the risks Pre-race briefing Mark any areas of increased risk with hazard tape 	L	Race organiser Race Director Event Crew Marshalls Race Entrants	Pre – Event and on the day	

<p>Stray Water holders and cups</p>	<p>Athletes Marshalls Event Crew Supporters</p> <p>Fall, Cut, Bruise or other injury</p>	<p>The race director, Marshalls and those on the water stations will be on hand and visible to rectify this as soon as possible.</p>	<p>M</p>	<ul style="list-style-type: none"> • Course Marshall • Pre-race email to make athletes aware of the risks • Pre-race briefing 	<p>L</p>	<p>Race organiser Race Director Event Crew Marshalls Race Entrants</p>	<p>Pre – Event and on the day</p>	
<p>Coming into contact with runners personal aid stations</p>	<p>Athletes</p> <p>Possible injury or fall</p>	<p>The race director, Marshalls and those on the water stations will be on hand and visible to ensure that runners personal aid stations are set back off the racing line.</p>	<p>M</p>	<ul style="list-style-type: none"> • Continual vigilance of race staff and request personal aid stations are kept off the running line for the duration of the race 	<p>L</p>	<p>Race organiser Race Director Event Crew Marshalls Support Crew</p>	<p>Pre – Event and on the day</p>	
<p>Athletic equipment which forms part of the track and field events (i.e. dips in area outside track for long jump area) Javelin area</p>	<p>Athletes Marshalls Event Crew Supporters</p>	<p>The track has been reserved solely for this race and will not be used by other athletes</p>	<p>L</p>	<ul style="list-style-type: none"> • Continual vigilance that the track is not used for other sports on the day. • Marking of any areas of specific risk with hazard tape on the day 	<p>L</p>	<p>Race organiser Race Director Event Crew Marshalls</p>	<p>Pre – Event and on the day</p>	
<p>Trailing wires</p>	<p>Athletes Marshalls Event Crew Supporters Others</p>	<p>Minimised use of trailing wires</p>	<p>H</p>	<ul style="list-style-type: none"> • Hazard tape over trailing wires 	<p>L</p>	<p>Race organiser Race Director Event Crew Marshalls</p>	<p>Pre – Event and on the day</p>	

