

Event Risk Assessment: <Twilight Chase 5 Mile>

Event Date: 13/12/2019	Assessed by: Zoe Gardham	Location : Twilight Chase	Date of Review: 22/08/2019
		Rye Harbour Sailing Club, The Point, Rye Harbour, East Sussex. TN31 7TU	

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else will be done on the race day to mitigate do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Coming into contact with: Cyclists Walkers Prams Dogs Other athletes	Athletes Others including the general public	<ul style="list-style-type: none"> • Pre-race email safety briefing 	M	<ul style="list-style-type: none"> • Advisory Signage • Pre- Race Briefing • Marshall Briefing 	L	Race organiser Race Director Event Crew Marshalls Race Entrants Support Crew	Pre – Event and on the day	
Coming into contact with farm vehicles or other vehicles.	Athletes Other Vehicle Users Pedestrians	<ul style="list-style-type: none"> • Pre-race email safety briefing 	M	<ul style="list-style-type: none"> • Advisory Signage • Pre- Race Briefing • Marshall Briefing 	L	Race organiser Race Director Event Crew Marshalls	Pre – Event and on the day	

Gaining Emergency Vehicle access	Athletes Marshalls Event Crew Supporters	<ul style="list-style-type: none"> • Liaising with land owners to gain emergency access 	M	<ul style="list-style-type: none"> • Keys will be obtained from land owners to allow emergency vehicles access. These will be kept at race HQ or with the appropriate Marshall. • Event crew and Marshalls will know the address to provide to emergency services • All event crew will carry a mobile phone. • Marshall briefing 	L	Race Entrants Support Crew Race organiser Race Director Event Crew Marshalls Support Crew	Pre – Event and on the day	
Falls Trips Slips Collision with other athlete or signage, posts etc...	Athletes Marshalls Event Crew Supporters	<ul style="list-style-type: none"> • Checking the course for areas that may cause increased risk. 	H	<ul style="list-style-type: none"> • Pre-race email to athletes • Marking, covering or using signage to raise awareness of areas of risk • Pre-race briefing • Marshall/ event crew briefing to ensure all event staff know how to quickly gain medical assistance 	L	Race organiser Race Director Event Crew Marshalls Race Entrants Support Crew	Pre – Event and on the day	
iPod, MP3 Players or similar	Athletes	<ul style="list-style-type: none"> • Course checked to consider usage of such devices 	M	<ul style="list-style-type: none"> • Pre-race email to all athletes with cautionary advice 	L	Race Organiser Race Entrants	Pre – event and on the day	
Weather	Athletes	<ul style="list-style-type: none"> • Long range weather check prior to the race 	M	<ul style="list-style-type: none"> • Pre-race email to all athletes with cautionary advice 	L	Race Organiser	Pre - event	

Medical Emergency	Athletes Marshalls Event Crew	<ul style="list-style-type: none"> Appropriate first aid cover arranged by race organiser 	M	<ul style="list-style-type: none"> Pre-race email to all athletes with race director/appropriate event crew telephone numbers Pre-race briefing on day to advice athletes to carry a phone and appropriate telephone numbers Dedicated first aider and mobile number to access the first aider First aid box Telephone and ability to call 999 in event of an emergency See separate medical risk assessment 	L	Race Entrants Race organiser Race Director Event Crew Marshalls Race Entrants	Pre – Event and on the day	
<u>Specific identified Risk at Twilight Chase</u> The course crosses a small road for a few residents and emergency vehicles	Athletes Marshalls Event Crew	<ul style="list-style-type: none"> Arrange to put signage in place 	M	<ul style="list-style-type: none"> Warning signage in place Course Marshall Pre-race email to make athletes aware of the risks Pre-race briefing 	L	Race organiser Race Director Event Crew Marshalls Race Entrants		
<u>Specific identified Risk at Twilight Chase</u> It will be dark	Athletes Marshalls Event Crew	<ul style="list-style-type: none"> Limited street lighting Lit event HQ 	M	<ul style="list-style-type: none"> All athletes, event crew and Marshalls will have to wear a head torch All athletes will be briefed that we recommend high vis clothing 	L	Race organiser Race Director Event Crew		

				<ul style="list-style-type: none"> All event crew will wear high vis Headtorches should be worn by athletes and marshalls 		Marshalls Race Entrants		
<p><u>Specific identified Risks at Twilight Chase</u></p> <p>Mud bank</p> <p>Ponds/lakes</p> <p>Gates</p> <p>Barbed wire fencing</p> <p>Uneven ground</p> <p>Rabbit holes</p> <p>Electric Fencing on the course to either side</p> <p>River</p> <p>Sticks/ branches on the floor</p> <p>Steep banks on either side of the course leading to water formations/lakes</p> <p>Loose gravel and stones on the path, unrepaired and uneven</p>	Athletes Marshalls Event Crew Supporters	<ul style="list-style-type: none"> Checking the course for areas that may cause increased risk. 	M	<ul style="list-style-type: none"> Pre- Race Briefing Marshall Briefing Advisory Signage Pre-race making all athletes aware of the risks Appropriate medical cover 	L	Race organiser Race Director Event Crew Marshalls Race Entrants Support Crew	Pre – Event and on the day	

<p>tarmac or concrete path</p> <p>Others on the path used for the race: Cyclists Walkers Prms Dogs Runners on the reverse lap</p> <p>Un-cleared dog mess</p> <p>Rye Harbour access vehicles or emergency vehicles may be on the marked course</p> <p>Small concrete step into the clubhouse/registration area.</p> <p>Narrow wooden access point to the field where registration will be.</p> <p>Large metal gate with narrow sections to either side.</p>								
Tracking Runners	Athletes	<ul style="list-style-type: none"> Count them through at start and finish 	M	<ul style="list-style-type: none"> Count them through at start and finish 				

Timing System	Athletes	<ul style="list-style-type: none"> We will have stop watch, an automated position system 	M	<ul style="list-style-type: none"> We will have stop watch, an automated position system 			
Last Runner	Last runner	<ul style="list-style-type: none"> We will have a tail walker 	M	<ul style="list-style-type: none"> We will have a tail walker 			

NB Copy and paste rows as required